

Housing and homelessness

Street Link

03005 000914
streetlink.org.uk

Crisis

enquiries@crisis.org.uk
08442 510111
crisis.org.uk

West Kent

Housing Association

customerservices@wkha.org.uk
01732 749000
westkent.org

Homeless Link

info@homelesslink.org.uk
020 7840 4430
homeless.org.uk

Rethink

info@rethink.org
01215 227007
01732 742351
rethink.org

Shelter

england.shelter.org.uk/get_help/
webchat
08088 004444
england.shelter.org.uk

Sevenoaks District Council

housing@sevenoaks.gov.uk
01732 227000
sevenoaks.gov.uk

Porchlight

headoffice@porchlight.org.uk
0800 567 7699
porchlight.org.uk

Kent Homechoice (Social Housing Register)

housing.options@wkha.org.uk
01732 749433
01732 749400
kenthomechoice.org.uk

Lookahead

getintouch@lookahead.org.uk
020 7368 4600
lookahead.org.uk

Moat

customer@moat.co.uk
08456 001006
moat.co.uk

Centrepont

supportercare@centrepont.org
0800 5875158
centrepont.org.uk

Mental Health

NHS

999 or 111 or Go to your
nearest A&E department
nhs.uk

Sevenoaks South West Kent Mental Health Access Service

kmpt.nhs.uk/contact-us
01892 709211
kmpt.nhs.uk

Childline

childline.org.uk/get-support
0800 1111
childline.org.uk

Get connected

info@getconnected.org.uk
0808 8084994
Text: 80849
getconnected.org.uk

Relate

relate.org.uk/about-us/contact-us
01892 529927
relate.org.uk

Samaritans

jo@samaritans.org
116 123
samaritans.org/branches

Student Minds

info@studentminds.org.uk
01133 438440
studentminds.org.uk

Youth Access

admin@youthaccess.org.uk
020 8772 9900
01892 529927
youthaccess.org.uk

Youthnet

info@theyouthnet.org.uk
01785 242631
theyouthnet.org.uk

Mental Health Matters

info@mhm.org.uk
0191 516 3500
mhm.org.uk

Depression Alliance

info@depressionalliance.org
depressionalliance.org

Kooth

kooth.com

The Mix

themix.org.uk/get-support
08088 084994
themix.org.uk

Release the Pressure

kent.gov.uk/social-care-and-
health/health/release-the-
pressure
0800 1070160

Papyrus (Hopeline)

pat@papyrus-uk.org
0800 068 4141
Text: 07786 209697
papyrus-uk.org

West Kent Mind

hello@westkentmind.org.uk
01732 744950
westkentmind.org.uk

Young Minds

ymenquiries@youngminds.org.uk
0808 8025544
youngminds.org.uk

HeadStart's Resilience Hub

headstart@kent.gov.uk
03001 234496
kentresiliencehub.org.uk

Moodspark

moodspark.org.uk

NELFT

0300 1234496
nelft.nhs.uk

Students Against Depression

admin@cwmt.org
01635 869754
studentsagainstdepression.org

Charlie Waller Memorial Trust

cwmt.org.uk/contact-us
01635 869754
cwmt.org.uk

Place2Be

enquiries@place2be.org.uk
020 7923 5500
place2be.org.uk

Hub of Hope

hubofhope.co.uk

Rethink

info@rethink.org
03005 000927
01732 742351
rethink.org

Sane

info@sane.org.uk
03003 047000
020 3805 1790
sane.org.uk/resources

Stamp Out Suicide

info@stampoutsuicide.co.uk
07766 808222
stampoutsuicide.co.uk

CALM – Campaign Against Living Miserably

thecalmzone.net/help/webchat
0800 585858
08088 025858
thecalmzone.net

Harmless

info@harmless.org.uk
harmless.org.uk

Self Injury Support

info@selfinjurysupport.org.uk
08088 008088
selfinjurysupport.org.uk

you're never
alone

• StayAlive
• Calm Harm
• Self-Heal

• Stop
• Breath & Think
• Sleep Pillow

• Zipit
• 7 Cups
• NHS WellMind



Sexual Health

Brook

Text 07537 402024
020 7787 5000
brook.org.uk/our-services/askbrook-a-question-24-7

we care

Youth Services

KCC Swanley Youth Hub team

swanleyyouthhub@kent.gov.uk
03000 421545
facebook.com/SwanleyYCC

West Kent Communities

youthservices@wkha.org.uk
westkent.org/youth

Sevenoaks Area Youth Trust

info@sayt.org.uk
07763 364185
sayt.org.uk

UK Youth

info@ukyouth.org
020 3133810
ukyouth.org

Youth United Foundation

Youth.United@yuf.org.uk
020 7401 7601
yuf.org.uk

The Scouts

07933 274957
sevenoaksscouts.org.uk

The British Youth Council

info@byc.org.uk
020 725 08374
byc.org.uk

Girlguiding

girlguiding.org.uk/about-us/
contact-us
0800 9992016
girlguiding.org.uk

NCS Trust

wearencs.com/contact-us
0800 1978010
wearencs.com

National Youth Agency

nya@nya.org.uk
01162 427350
nya.org.uk

The Prince's Trust

0800 842842
princes-trust.org.uk

Duke Of Edinburgh (DofE)

dofe.org/contact-us
dofe.org

Kidscape

info@kidscape.org.uk
020 7823 5430
kidscape.org.uk

House In the Basement

01732 466593
facebook.com/Houseinthebasement

Bereavement and Loss Support

Holding on, Letting go

info@holg.org.uk
03445 611511
holdingonlettinggo.org.uk

Hope Again

hopeagain@cruse.org.uk
08088 081677
hopeagain.org.uk

Winston's Wish

ask@winstonswish.org
08088 020021
winstonswish.org

Young Carers

info@kentyoungcarers.org.uk
03001 111110
imago.community/Children-
and-Young-People/Kent-Young-
Carers

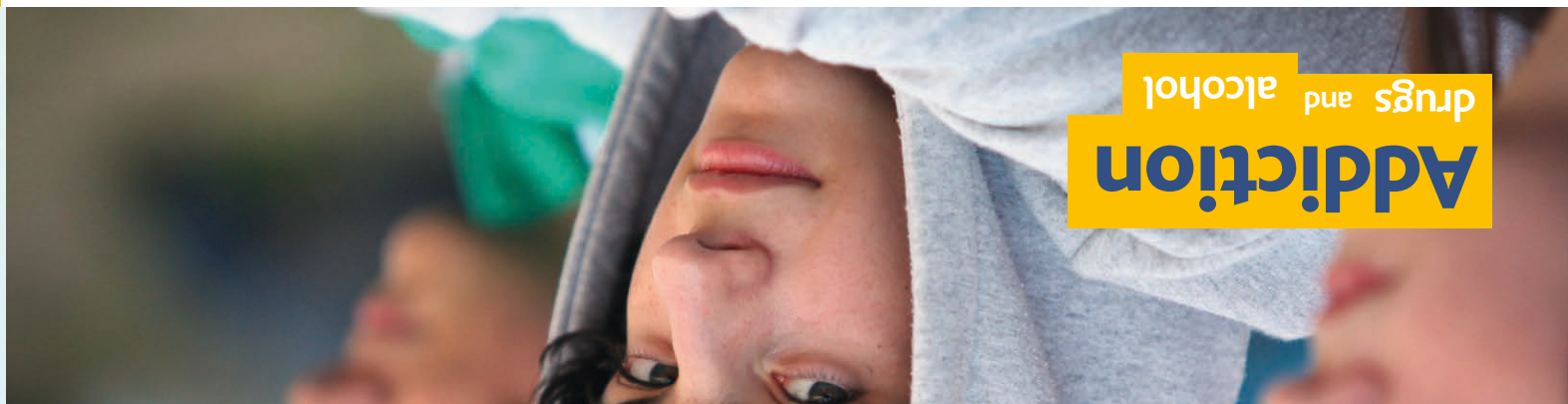
Carers trust

info@carers.org
01622 817114
carers.org/what-young-carer

you're never
too young to care

Addiction

drugs and alcohol



our work

Our work with young people Our youth services team supports young people across the areas where we work. This often starts with us going out and about on our estates to talk to young people and listening to what they need.

We support young people to raise their own issues and find their own solutions by developing local youth forums, which go on to organise their own local activities or work with us to develop projects. In the past our youth forums have done everything from winning funding for local sports facilities to setting up a local youth club.

You'll find information on the following subjects

Addiction
drugs and alcohol

Abuse
(domestic, sexual, online)

Relationships

Housing and
homelessness



Services that support young people in Sevenoaks

WestKent
Places to live. Space to grow.

Abuse

(domestic, sexual, online)



About Us We believe that a good home is a foundation for getting on in life; our core purpose is to help the many people for whom a good home (to rent or buy) is too expensive, and to support their communities.

We only operate in Kent, we currently have just over 7,500 homes across the county with an ambition to own 10,000 by 2026. These are a mixture of homes for rent, shared ownership and leasehold.

We aim to provide great places to live and space for people to grow. We are not just a landlord, we care about our residents and the communities they live in.

We're passionate about helping people in our communities achieve more. We create safe, strong neighbourhoods by listening to local people and delivering activities that make a difference to our communities.

For more information, visit our website: [westkent.org](https://www.westkent.org)

West Kent
Head Office, 101 London Road, Sevenoaks, Kent TN13 1AX
T: 01732 749400 F: 01732 749419 E: enquiries@wkha.org.uk
[westkent.org](https://www.westkent.org)

 @west_kent  West Kent  westkenthousingassociation

The National Association for Children of an Alcoholic (NACOA)
help@nacoa.org.uk
0800 3583456
nacoa.org.uk
Drinkaware
drinkaware.co.uk/chat-with-an-advisor
03001 231110
03001 231110
talktofrank.com
UK Addiction Treatment
info@ukata.co.uk
08082 740903
ukata.co.uk
Frank
frank@talktofrank.com
03001 236600
Text: 82111
talktofrank.com
Release
ask@release.org.uk
020 7324 2989
release.org.uk
Addiction Helper
info@additionhelper.com
0800 1404876
additionhelper.com
Turning Point
020 8686 3945
turning-point.co.uk

Davss
office@davss.org.uk
01892 570538
davss.org.uk
Women's Aid & Rescue
help@womensaid.org.uk
08082 000247
womensaid.org.uk
Respect
info@respectphoneline.org.uk
08088 024040
respect.uk.net
Broken Rainbow
help@brokenrainbow.org.uk
08009 995428
brokenrainbow.org.uk
Online Safety/Abuse
ceop.police.uk/safety-centre
nationalcrimeneagency.gov.uk
0800 555111
communication@nca.gov.uk

Kent Family Mediation Service
info@fegans.org.uk
01892 538288
fegans.org.uk
Kent Family Mediation Service
contact@kentfms.co.uk
01795 410457
kentfms.co.uk
Relate
appointments@westmidkent.eclipse.co.uk
disrespectnobody.co.uk
01892 529927
relate.org.uk
West Kent Mediation
theoffice@wkm.org.uk
01732 469696
citizensadvice.org.uk/local/north-west-kent
01722 790111
hopeandhomesforchildren

Relationships



We are also funded and commissioned to run various special youth projects, including HOUSE in the Eden Centre.

This leaflet gives you the information you will need to help you understand our services and answer any initial questions you might have.

If you know of any other services that support Young People in Sevenoaks, please email youth.services@wkha.org.uk and we can incorporate them into this guide.

Grow through what you go through

Sexual Health

Mental Health

Youth Services

Young Carers

Bereavement and Loss Support